

SEA BUCKTHORN SEEDS

Certified organic

Product description:

Certified organic sea buckthorn (*Hippophae rhamnoides*) seeds. Brown, roundish, hard seeds.

Specification:

Energy content	kJ/100g	1 754
	kcal / 100g	416
Carbohydrates	g/100g	46,1
Moisture	g/100g	8,1
Protein	g/100g	31,8
Fat	g/100g	11,6
Ash	g/100g	2,4

Fatty acid composition:

omega 3	10,8 %	
omega 6	16,1 %	
Saturated fats	11,9 %	
Monounsaturated fats	60,7 %	
Polyunsaturated fats	26,9 %	as percentages of total fatty acids

Main properties:

Sea buckthorn seeds are rich in unsaturated fats and antioxidants.

Applications:

Seeds may be used for oil extraction for topical or internal use in cosmetic and pharmaceutical as well as food applications.

Storage:

Storage in a cool, dry place. Good for use up to one year after harvesting.